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June 2018







RESEARCH WORK IN A BIOCHEMISTRY LAB



2018 תשע"ח



# KLACHKY PRIZE

## for the Advancement of the Frontiers of Science

The Klachky Prize for the Advancement of the Frontiers of Science is an annual prize founded by the late Ms. Rachel Klachky. The prize is given to Hebrew University faculty members or academic units for their achievements in:

The Advancement of Science The Advancement of Scientific Research The Advancement of Scientific Knowledge The Advancement of the Frontiers of Science **New Academic Developments Academic Ventures** 



## he Donor

Rachel Klachky (1925-2001) was born in of Jerusalem. She wholeheartedly Mexico. Married to the late Engineer supported worthy causes, including Manuel Klachky, she was a central figure the absorption of new immigrants, in the Jewish community of Mexico, scholarships for students, and support and was one of the founding members of various scientific research projects, of the Mexican Friends of The Hebrew and studies on superconductivity at The Hebrew University.

In 1997, she received an Honorary After she passed away, her sons, Roberto Fellowship from The Hebrew University and Leopoldo, continued her legacy of for her outstanding contributions to the support to The Hebrew University of State of Israel and The Hebrew University Jerusalem. The Klachky Prize has been awarded since 2003.

#### **PROF. OREN FROY**

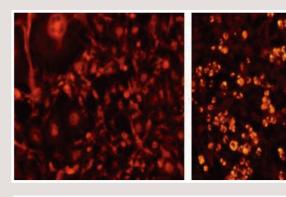
The Institute of Biochemistry Food Science and Nutrition

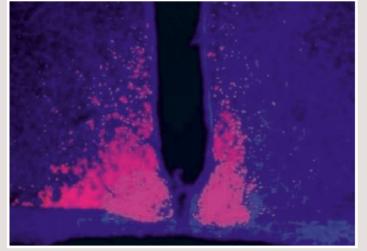
The Robert H Smith Faculty of Agriculture, Food and Environment



Oren Froy undertook his Ph.D. studies at Tel-Aviv University in protein structure-function and his post-doctoral studies at Harvard Medical School and the University of Massachusetts Medical School in neurosciences. In 2003, he joined the faculty of The Hebrew University, establishing the chronobiology and metabolism group at the Institute of Biochemistry, Food Science and Nutrition. Among several prizes he has received throughout his career is the Krill Prize from the Wolf Foundation. He was the head of the Amirim program, the honors program for undergraduate students, at the Robert H. Smith Faculty of Agriculture, Food and Environment. Currently, Dr. Froy is the director of the Institute of Biochemistry, Food Science and Nutrition and the chairperson of the Institute Review Board (IRB) for the Use of Human Subjects in Research.

## The Klachky Prize for 2018



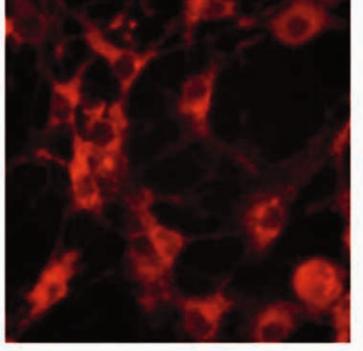


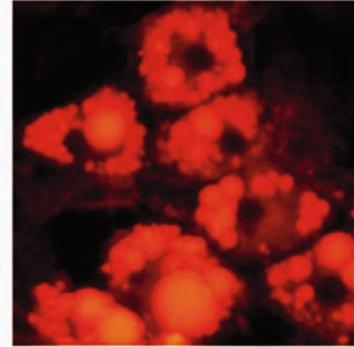
#### Among his published works are:

Jakubowicz D, Wainstein J, Landau Z, Raz I, Ahren B, Chapnik N, Ganz T, Menaged M, Barnea M, Bar-Dayan Y, Froy O. (2017). Influences of breakfast on clock gene expression and postprandial glycemia in healthy and diabetic individuals: a randomized clinical trial. Diabetes Care. 40:1573-1579.

Genzer Y, Dadon M, Burg C, Chapnik N, Froy O. (2016). Effect of dietary fat and the circadian clock on the expression of brain-derived neurotrophic factor (BDNF). Mol Cell Endocrinol, 430:49-55.

## Interplay between the Circadian Clock and Metabolism





key metabolic enzymes and transcription activators diabetes. interact with and affect the core clock mechanism.

in clinical trials, i.e., a high-calorie breakfast with reduced intake at dinner, this novel concept was beneficial and useful for the management of obesity

Mammals have developed an endogenous circadian and the metabolic syndrome in obese women, in clock located in the anterior hypothalamus that lean women with polycystic ovary syndrome and responds to the environmental light-dark cycle. in type 2 diabetes patients. Dr. Froy showed that Similar clocks exist in peripheral tissues, such as breakfast consumption acutely affected clock and the liver, intestine, and fat tissue, regulating cellular clock-controlled gene expression leading to normal and physiological functions. The circadian clock oscillation, whereas breakfast skipping adversely regulates metabolism and energy homeostasis by affected clock and clock-controlled gene expression mediating the expression and/or activity of certain and led to increased postprandial glycemic response metabolic enzymes and transport systems. In turn, in both healthy individuals and individuals with

In addition, Dr. Froy found that the energy status of Dr. Froy has shown that timed feeding provides a the organism can shift the phase of the circadian time cue and resets the circadian clock leading to clock, i.e., fasting leads to phase advances, and a highbetter health. In contrast, a high-fat diet leads to fat diet to phase delays. Changes in the phase and disrupted circadian expression of metabolic factors daily rhythm of clock genes and metabolic pathways, and obesity. Furthermore, Dr. Froy discovered that as a result of high-fat diet, may lead to obesity and a combination of a clock-resetting feeding regimen may explain the disruption of other clock-controlled with a clock-disrupting high-fat diet resulted in output systems, such as blood pressure and sleep/ reduced body weight suggesting that the timing of wake cycle, usually associated with metabolic food intake is extremely important. This included disorders. Furthermore, he showed that activation the remarkable finding that an isocaloric feeding can of the signaling pathway of AMP-activated protein lead to a different body weight if given at different kinase (AMPK), the cellular energy sensor, is the key times throughout the day. Applied and corroborated metabolic gauge that can shift circadian rhythms.